



## NF Steps Walk/Run

### *Moving Forward With Hope*

Most people have not heard of neurofibromatosis (NF), even though it is a condition that affects approximately 1 in 3,000 people. It is a genetic disorder of the nervous system that causes tumors to form on the nerves anywhere in the body at any time. NF can cause cancer, hearing loss, learning disabilities, epilepsy, bone deformities, vision impairment and chronic pain.

There is no cure...YET!



Neurofibromatosis Inc. California  
PO Box 1234  
Vacaville, CA 95696



Neurofibromatosis  
Inc. California

*Where love abounds.*

NF Steps Walk/Run  
March 21, 2009



## Form A Team

Engage your friends! A team is an excellent source of inspiration and support, and in turn, results in more effective fundraising. You can walk as an individual or form a team with your friends, family, co-workers, classmates or any other group. After you form a team, create a team name and elect a team captain who will be responsible for distributing/collecting information to and from team members. Be creative and create one-of-a-kind team T-Shirts!

## Matching Gift

Don't forget to ask your employer about matching your donation dollars. Contact your human resources department.

These three children all have Neurofibromatosis. Your participation will help these children, their families and thousands of others!

# NF STEPS

## Activities

You, your family and friends will be involved in activities throughout the day. Children will enjoy the carnival-like atmosphere. The children's play area is filled with tricycles, climbing toys, balls, bubbles, and many other activities.

Event activities include:

- Silent Auction
- Live DJ
- Raffle Prizes
- Kids Carnival Games
- Arts & Crafts
- Prizes for Runners & Walkers
- And much more...

## Fundraising

Our goal for 2009 is to raise more than \$25,000. Even if you've never raised a dime before, you'll discover you can be an incredible fundraiser. And you'll be amazed at the generosity of others who support your efforts! Like Oprah says "Give Big" and make a difference!

## Donations

Collect donations to sponsor your participation in NF Steps! Donation money raised is to be brought to the walk/race and turned in at the registration table or you can create a team and turn in your donation money one week early to collect your t-shirts and race numbers.



## Registration

Day of the Walk

Registration begins at 9:00 a.m.

Prewalk events & activities begin at 9:30 a.m.

The walk will begin at 10:30 a.m.

Be sure to arrive early to turn in your pledges or donations and receive your race number prior to the start of the Walk.

Register by February 21st and receive a free NF Steps T-Shirt.

## Registration Fee:

\$25.00 per person

(deadline February 21st for free NF Steps T-Shirt)

\$12.00 children 4 to 10 yrs old

Children 3 & under free (no shirt)

## Register now On-Line

Visit our website and register today!

[www.nfcalifornia.org](http://www.nfcalifornia.org)

Email: [events@nfcalifornia.org](mailto:events@nfcalifornia.org)

Phone: 707-469-0467



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