Table 3.4

Examples of Student Performance Influenced by Physical Therapy		
Task in classroom setting	**Playing kickball during physical education**	**Using playground equipment during recess**
Motor control/ Coordination	**Student demonstrates necessary gross motor and eye-foot coordination skills. Plans the movement sequence to kick the ball. Tracks the ball visually. Uses efficient movement patterns. Has the pelvic stability required for on-leg standing while free leg kicks the ball. Grades muscle power for smooth, coordinated movements.**	**Student mounts and dismounts playground equipment. Demonstrates adequate muscle strength, bilateral coordination, upper and lower extremity coordination, and motor planning.**
Posture/ Balance	**Student maintains upright position while kicking ball; maintains balance while running forward, backward, and sideways. Demonstrates equilibrium responses and uses efficient weight shift and rotational patterns. Coordinates static and dynamic balance reactions for smooth postural adjustments.**	**Student maintains balance on moving climbing equipment. Demonstrates functional equilibrium and protective responses, adequate reflex integration, and postural tone. Makes adjustments to the demands of the activity.**
Activities of daily living	**Student anticipates in game; helps find and put equipment away. Has foundational motor skills to participate in the group activity.**	**Student selects age-appropriate activities in which to participate, Able to participate in new activities that challenge current abilities. Has motor skill to manipulate, guide, or control equipment.**
Functional mobility	**Student moves freely and safely around play area. Able to smoothly transition between walking, running, jumping, hopping, gliding, and galloping movements. Able to smoothly transition between postures; from ground to standing, stooping over; bending, and rotating.**	**Student navigates around obstacles, over uneven surfaces, and on play equipment. Able to safely mobilize around playground, utilizing balance and motor control abilities. Coordinates smooth transition movements around obstacles, equipment, and surface hazards.**