

Thank you for being part
of our 5th Annual
NF steps

NF, Inc. California

~ moving forward with hope ~

NF
Steps

Walk date:
March 21, 2009

Fundraising:

Thank you for showing your support by signing up to join in our 5th annual "NF Steps" run/walk. You can feel good about making a difference in the lives of so many California NF families. And, as an added bonus, you will have fun doing it! Enclosed is all the information you will need to participate.

We need your help! Letter writing is the single most successful fundraising strategy. In our list of tools is also a sample letter that can be used or redesigned to fit your needs.

Once your letter is written start passing it out. Send these out to your family, friends, co-workers, doctors, dentists, hair salons, favorite businesses, whoever you can think of. You can even send out emails by using your address book. You will be amazed at how easy this is. Letter writing is just one easy way to collect donations. Try other approaches too and help us "move forward" even faster.

Things to remember:

- ♥ Start with Firstgiving.com/nfc to get your online fundraising page going.
- ♥ Check to see if you or your sponsors have a matching gift program through their employer. A form can be obtained from the human resource or finance department.
- ♥ We will be collecting money at the registration table prior to the start of the walk. If you would like to turn your money in ahead of time, you can contact the office for arrangements.

The day of the walk:

There will be plenty of parking but please note that the City of Vacaville requests \$3 be paid at the front gate for parking on event day. Enclosed in our list of tools are driving directions to the lagoon. Registration will begin at 9:00 a.m. at the sign-in table. At this time we will collect any money that has not been raised online and you can pick up your t-shirts and raffle tickets. If walking with a team, your team coach will pick up all the t-shirts at one time. Teams photos and introductions will start at 9:30 Pre event activities and warm-ups and will begin at 10:00 and the race starts at 10:30 shortly before the 5k run/walk which starts at 10:00 a.m. Enjoy the beautiful scenic route around the lagoon.

Questions?
Call us at
707-469-0467
or email:
events@nfcalfornia.org

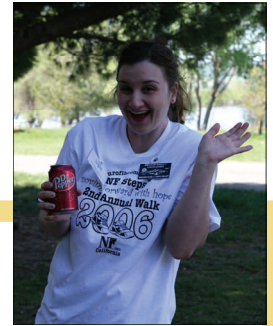
Website:
www.nfcalfornia.org
will have forms
available to be
printed and lots
of information
about NF

**Thank you for being part
of our 5th Annual
NF steps**

~ moving forward with hope ~

Time for new friendships:

After the walk we will have a snacks that can be purchased for a small donation. At this time prizes will be given to the most creative team, the one raising the most money and more. Be creative and express yourself, your family, your team. Please remember this is a family event, your creativity should not be offensive to others or restrict your ability to walk. Additional raffle prizes will be handed out to those participants randomly chosen with the winning ticket. Check our website for updates and information.



Running for NF



Warming up prior to running or walking is a fun time for all



Other items to note:

- ♥ If you need additional trifold brochures or sponsor sheets you can contact the office and we can get them out to you immediately. Feel free to make as many copies as you need.
- ♥ You must be present to win silent auction and raffle prizes.
- ♥ If registering as a team coach, please have your team coach register the whole team at one time.
- ♥ All children under the age of 12 must be accompanied by an adult. There will be no direct supervision available.
- ♥ NF flyer available in our "list of tools". Please help us educate others about Neurofibromatosis. Many businesses are more than willing to announce up and coming events.
- ♥ We will be walking rain or shine. Please dress in layers.



Where does the money go:

Your efforts and donations will help NF, Inc. California keep the hope alive for so many families. In addition to this walk, this year's projects include: Supporting research, distributing educational packets for families and physicians, mailing out newsletter, sending email blasts, making phone calls, hosting family events, medical symposiums and educational meetings.

Help us move forward with hope!

Questions?
Call us at
707-469-0467
or email:
events@nfcalfornia.org

Website: www.nfcalfornia.org
will have forms
available to be
printed and lots
of information
about NF



Volunteer Corner

